

Practicum Log and Hours for DNP Project

Date	Description of Activities	Number of Hours
June 3, 2025	Filling out IRB application myself and then reviewing it with Dr. Love via Teams and entering application online	4 hours
June 4, 2025	Up to this date have had two meetings with Dr. Love and Dr. Hoover regarding donation and funds available from Dental Department and collecting donated supplies from the Nursing Department (2 trips to Midwestern University)	8 hours
June 5, 2025	Ordering supplies for oral health care kit from Amazon (plastic bags, mirrors, electric toothbrushes, markers, mouthwash, back packs, etc., ...)	3 hours
June 6, 2025	A day trip to Tucson to the site for the project with Dr. Love. Received a tour of site, reviewed objections and lunch. 5:30am-5:30pm.	12 hours
June 7, 2025	Designing an educational brochure and flyer for marketing the project. Working with a graphic designer at the Print Shop. Traveling to the Print Shop twice to receive completed product. To the Post Office to mail flyers to Tucson.	20 hours
June 8, 2025	Assemble oral health care kits and deliver them to Phoenix to a staff member who works at the project site (save me a trip to Tucson).	10 hours
TOTAL:		57 hours
June 10, 2025	Design a Poster (in addition to flyers and brochures) for marketing oral health care kits for the rehabilitation facility	3 hours
June 11-14, 2025	Emails between print shop, back and forth correspondence over design of poster, driving to print shop	2 hours
June 18-20, 2025	Returning supplies to Target that I bought and decided not to use. Ordered more supplies via Amazon. Assembled another 32 oral health care	6 hours

	kits (60 kits previously), and delivering to Phoenix (again) to a staff member to drive to the rehabilitation facility in Tucson, AZ.	
June 29, 2025	Prepare a brief presentation to give at MWU at a Fluoride Varnish Workshop hosted by the PA and Dental Program on Monday June 30 th (added time traveling to and spending at workshop here).	6 hours
June 29, 2025	Painted/marked oral care kit bags (5) to give to Chair, Content Expert, Founder and Executive of the rehab facility and myself to promote the project.	3 hours
Total:	(add 20 hours)	77 hours
July 7, 2025	Gathered more supplies for mid-point replenishing for project and deliver to KC in Phoenix to take to site in Tucson. Converse with KC briefly. Walmart shopping for gift certificates and electric toothbrushes for raffle prizes on July 17 th . Wrapped. Brought to KC in Phoenix with other supplies.	6 hours
July 8, 2025	Met with Dr. Love to discuss project and future deadlines. Discussed International and National conferences that are coming up. Discussed abstract application and dissemination possibilities. Discussed upcoming site visit next week.	3 hours
July 9, 2025	Spent time designing poster. Spent time searching the internet for future conferences and printing off abstract application guidelines.	6 hours
July 13 and 14, 2025	Worked on poster, drafted a mock poster. Edited. Made charts, graphs and reference list.	12 hours
July 14, 2025	Interacted with print shop, submitted poster to be finalized.	2 hours

July 17 and 18, 2025	Preparation and trip to site in Tucson, AZ. Delivered supplies to Tucson (denture care), drove to Tucson, meeting at site and returned to Phoenix.	12 hours
July 18, 2025	Time spent applying for One Health Grant (June/July) for the project which included: reviewing objectives, collecting information, typing the paper, reviewing with Dr. Love prior to submission, Walmart for printer ink.	12 hours
Total:	(add 53 hours)	130 hours
July 19, 2025	Spent more time researching future nursing conferences, international and national. Reviewing their websites for more information. Writing out the information for an assignment. Planning for dissemination opportunities.	4 hours
July 20, 2025	Meeting with Chair via phone	1 hour
July 21, 2025	Working on and designing final Poster	2 hours
July 22, 2025	Executive Summary creation, editing, writing (didn't take credit earlier in June/July)	5 hours
July 23, 2025	Manuscript editing (change to past tense)	4 hours
July 24, 2025	Designing and editing poster, manuscript editing	2 hours
July 26, 2025	Designing and editing poster	3 hours
July 27, 2025	Working on Poster, references, projected outcomes, implications for future practice, manuscript editing	4 hours
July 28, 2025		5 hours

	<p>Spent time viewing e-portfolio and planning on edits, making a list of what to delete and what to upload</p> <p>Communicate with site via phone and email (project outcomes, answered questions, plan for final phase), ordered more supplies for final week of project implementation</p>	
Total:	(add 30 hours)	160 hours